



FOUR YEARS UNDER GRADUATE PROGRAM UNDER JAMSHEDPUR WOMEN'S UNIVERSITY

PSYCHOLOGY HONOURS/RESEARCH IMPLEMENTED FROM 2022

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Courses of study based on NEP Curriculum under semester system for B.A (Hons.) Psychology 2022 onwards

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HIGHLIGHTS OF REGULATIONS OF FYUGP

PROGRAMME DURATION

- The Full-time, Regular UG programme for a regular student shall be for a period of four years with multiple entries and multiple exit options.

ELIGIBILITY

- The selection for admission will be primarily based on availability of seats in the Major subject and marks imposed by the institution. Merit point for selection will be based on marks obtained in Major subject at Class 12 (or equivalent level) or the aggregate marks of Class 12 (or equivalent level) if Marks of the Major subject is not available. Reservation norms of The Government of Jharkhand must be followed as and when amended in times.

ADMISSION PROCEDURE

- The reservation policy of the Government of Jharkhand shall apply in admission and the benefit of the same shall be given to the candidates belonging to the State of Jharkhand only. The candidates of other states in the reserved category shall be treated as General category candidates. Other relaxations or reservations shall be applicable as per the prevailing guidelines of the University for FYUGP.

ACADEMIC CALENDAR

- Each year the University shall draw out a calendar of academic and associated activities, which shall be strictly adhered to. The same is non-negotiable. Further, the Department will make all reasonable endeavors to deliver the programmes of study and other educational services as mentioned in its Information Brochure and website. However, circumstances may change prompting the Department to reserve the right to change the content and delivery of courses, discontinue or combine courses and introduce or withdraw areas of specialization.

PROGRAMME OVERVIEW/ SCHEME OF THE PROGRAMME

- Undergraduate degree programmes of either 3 or 4-year duration, with multiple entries and exit points and re-entry options within this period, with appropriate certifications such as:
 - a Certificate after completing 1 year (2 semesters) of study in the chosen fields of study,
 - a Diploma after 2 years (4 semesters) of study,
 - a Bachelor after a 3-year (6 semesters) programme of study,
 - a Bachelor (with Hons. / Research) after a 4-year (8 semesters) programme of study

VALIDITY OF REGISTRATION

- Validity of a registration for FYUGP will be for maximum for Seven years from the date of registration.

CALCULATION OF MARKS FOR THE PURPOSE OF RESULT

- Student's final marks and the result will be based on the marks obtained in Semester Internal Examination and End Semester Examination organized taken together.
- Passing in a subject will depend on the collective marks obtained in Semester internal and End Semester University Examination both. However, students must pass in Theory and Practical Examinations separately.

PROMOTION AND SPAN PERIOD

- The Requisite Marks obtained by a student in a particular subject will be the criteria for promotion to the next Semester.
- To get promotion from Semester-II to Semester-III a student will be required to pass in at least 75% of Courses in an academic year (a student has to pass in minimum 9 papers out of the total 12 papers. However, it will be necessary to procure pass marks in each of the paper before completion of the course.
- To get promotion from Semester-IV to Semester-V (taken together of Semester I, II, III & IV) a student has to pass in minimum 16 papers out of the total 22 papers.
- Eligibility to get entry in Semester VII is to secure a minimum of 7.5 CGPA up to semester VI along with other criteria imposed by the Institution.

PUBLICATION OF RESULT

- The result of the examination shall be notified by the Controller of Examinations of the University in different newspapers and also on University website.
- If a student is found indulged in any kind of malpractice during examination, the examination taken by the student will be cancelled. The candidate will be awarded zero marks in that paper. The candidate may re-appear in the subsequent semesters as per the available provisions.
- There shall be no Supplementary or Re-examination for any subject. Students who have failed in any subject in an even semester may appear in the subsequent even semester examination for clearing the backlog. Similarly, the students who have failed in any subject in an odd semester may appear in the subsequent odd semester examination for clearing the backlog.
- Regulation related with any concern not mentioned above shall be guided by the Regulations of the University for FYUGP.

COURSE STRUCTURE FOR FYUGP 'HONOURS/ RESEARCH'

Table 1: Credit Framework for Four Year Undergraduate Programme (FYUGP) under State Universities of

Jharkhand [Total Credits = 176]

- There will be four disciplinary areas: A-Natural Science, B-Humanities, C-Social Science, and D-Commerce; each having basket of courses. A student will have to select a 'Major' from any of the four disciplinary areas (out of A, B, C & D). The selection for admission will be primarily based on availability of seats in Major and marks imposed by the institution.
- A student has to select three subjects for 'Introductory Regular Courses' from a pool of subjects associated with the Major offered by the institution. One of the three subjects will continue as 'Minor' from semester IV onwards, based on the academic interest and performance of the student.

	Common Courses (29)								Introductory Courses (15)		Minor** (32)		Research Courses (18)						Total Credit	
Semester																				
I	2	3	4	5	6	7	8		9	10	11	14	15	16	17	18	19	20	21	
	Language and Communication Skills (Modern Indian Language including TRL) (6)								Introductory Courses [Natural Sc./ Humanities/ Social Sc./Commerce] (9)		Major** (54) + Adv. Major (24)		Natural Sc./ Humanities/ Social Sc./ Commerce (18)							
	Language and Communication Skills (English) (6)								Introductory Course [Vocational Studies] (6)				Vocational Studies (14)							
	Environmental Studies (3)												Research Methodology Courses (6)							
	Understanding India (2)												Research Proposal, Review of literature (4)							
	Health & Wellness, Yoga Education, Sports & Fitness (2)												Research Internship/ Field Work (4)							
	Digital Education (3)												Preparation of the Research Project Report (4)							
	Mathematical Thinking and Analysis (2)																			
	Value-Based Course/ Global Citizenship Education (2)																			
	Community Engagement/ NCC/ NSS/ (3)																			
I	6			2	2				3	3		6							22	
II	6						2	2	3	3		6							22	
Exit Point: Undergraduate Certificate																				
III		3			3				3	3	4	6							22	
IV												6+6	6	4					22	
Exit Point: Undergraduate Diploma																				
V												6+6	6	4					22	
VI												6+6	6	4					22	
Exit Point: Bachelor's Degree																				
VII												6+6 (Adv. Topics)			6	4			22	
VIII												6+6 (Adv. Topics)		2			4	4	22	
Exit Point: Bachelor's Degree with Honors/Research																				

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Jharkhand, NEP, FYUGP 2022 onwards

Table 2: Course structure for Undergraduate Certificate Programme [May Exit after Sem.-II]

Semester	Common Courses			Introductory Courses		Major	Total Credits
Sem.-I	LCS (MIL/TRL) (6 Credits)	Understanding India (2 Credits)	Health & Wellness, Yoga Education, Sports & Fitness (2 Credits)	IRC-1 (3 Credits)	IVS-1A (3 Credits)	MJ-1 (6 Credits)	(22)
Sem.-II	LCS (English) (6 Credits)	Global Citizenship Education (2 Credits)	Mathematical & Computational Thinking (2 Credits)	IRC-2 (3 Credits)	IVS-1B (3 Credits)	MJ-2 (6 Credits)	(22)

Total = 44 Credits

(LCS: Language and Communication Skills; MIL: Modern Indian Languages; TRL: Tribal Regional Languages;

IRC: Introductory Regular Courses; IVS: Introductory Vocational Studies, MJ: Major)

Table 3: Course structure for Undergraduate Diploma Programme [May Exit after Sem.-IV]

Semester	Common Courses			Introductory Courses	Major	Minor	Internship/Project	Vocational	Total Credits
Sem.-III	Environmental Studies (3 Credits)	Community Engagement/ NCC/ NSS (3 Credits)	Digital Education (3 Credits)	IRC-3 (3 Credits)	MJ-3 (6 Credits)		Internship/Project (4 Credits)		(22)
Sem.-IV					MJ-4, MJ-5 (6+6=12 Credits)	MN-1 (6 Credits)		VS-1 (4 Credits)	(22)

Total = 88 Credits

(MN: Minor; VS: Vocational Studies)

Table 4: Course structure for Bachelor's Degree Programme

[May Exit after Sem.-VI]

Semester	Major Courses	Minor Courses	Vocational	Total Credits
Sem.-V	MJ-6, MJ-7 (6+6 = 12 Credits)	MN-2 (6 Credits)	VS-2 (4 Credits)	(22)
Sem.-VI	MJ-8, MJ-9 (6+6= 12 Credits)	MN-3 (6 Credits)	VS-3 (4 Credits)	(22)

Total = 132 Credits

Table 5: Course structure for Bachelor's Degree with Hons./Research Programme

Semester	Advance Courses	Research Courses	Vocational	Total Credit
Sem.-VII	AMJ-1, AMJ-2 (6+6=12 Credits)	Research Methodology (6 Credits)	Research Proposal (4 Credits)	(22)
Sem.-VIII	AMJ-3, AMJ-4 (6+6=12 Credits)	Research Int./Field Work (4 Credits)	Research Report (4 Credits)	VSR (2 Credits)

Total = 176 Credits

(AMJ: Advance Major; VSR: Vocational Studies associated with Research)

SEMESTER WISE COURSES OF STUDY FOR FOUR YEAR UNDERGRADUATE PROGRAMME

Semester	Common, Introductory, Major, Minor, Vocational & Internship Courses		Credits
	Code	Paper	
I	CC-1	Language and Communication Skills (Modern Indian language including TRL)	6
	CC-2	Understanding India	2
	CC-3	Health & Wellness, Yoga Education, Sports & Fitness	2
	IRC-1	Introductory Regular Course-1	3
	IVS-1A	Introductory Vocational Studies-1	3
	MJ-1	Major paper 1 (Disciplinary/Interdisciplinary Major)	6
II	CC-4	Language and Communication Skills (English)	6
	CC-5	Mathematical & Computation Thinking Analysis	2
	CC-6	Global Citizenship Education & Education for Sustainable Development	2
	IRC-2	Introductory Regular Course-2	3
	IVS-2B	Introductory Vocational Studies-2	3
	MJ-2	Major paper 2 (Disciplinary/Interdisciplinary Major)	6
III	CC-7	Environmental Studies	3
	CC-8	Digital Education (Elementary Computer Applications)	3
	CC-9	Community Engagement & Service (NSS/ NCC/ Adult Education)	3
	IRC-3	Introductory Regular Course-3	3
	IAP	Internship/Apprenticeship/ Project	4
	MJ-3	Major paper 3 (Disciplinary/Interdisciplinary Major)	6
IV	MJ-4	Major paper 4 (Disciplinary/Interdisciplinary Major)	6
	MJ-5	Major paper 5 (Disciplinary/Interdisciplinary Major)	6
	MN-1	Minor Paper 1 (Disciplinary/Interdisciplinary Minor)	6
	VS-1	Vocational Studies-1 (Minor)	4
V	MJ-6	Major paper 6 (Disciplinary/Interdisciplinary Major)	6
	MJ-7	Major paper 7 (Disciplinary/Interdisciplinary Major)	6
	MN-2	Minor Paper 2 (Disciplinary/Interdisciplinary Minor)	6
	VS-2	Vocational Studies 2 (Minor)	4
VI	MJ-8	Major paper 8 (Disciplinary/Interdisciplinary Major)	6
	MJ-9	Major paper 9 (Disciplinary/Interdisciplinary Major)	6
	MN-3	Minor Paper 3 (Disciplinary/Interdisciplinary Minor)	6
	VS-3	Vocational Studies 3 (Minor)	4
VII	AMJ-1	Advance Major paper 1 (Disciplinary/Interdisciplinary Major)	6
	AMJ-2	Advance Major paper 2 (Disciplinary/Interdisciplinary Major)	6
	RC-1	Research Methodology	6
	RC-2	Research Proposal	4
VIII	AMJ-3	Advance Major paper 3 (Disciplinary/Interdisciplinary	6

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		Major)	
	AMJ-4	Advance Major paper 4 (Disciplinary/Interdisciplinary Major)	6
	RC-3	Research Internship/Field Work	4
	RC-4	Research Report	4
	VSR	Vocational Studies (Associated with Research)	2
		Total Credit	176

Abbreviations:

CC Common Courses

IRC Introductory Regular Courses

IVS Introductory Vocational Studies

IAP Internship/Apprenticeship/ Project

VS Vocational Studies

MJ Major Disciplinary/Interdisciplinary Courses

MN Minor Disciplinary/Interdisciplinary Courses

AMJ Advance Major Disciplinary/Interdisciplinary Courses

RC Research Courses

VSR Vocational Studies associated with Research

SEMESTER WISE COURSES IN PSYCHOLOGY FOR FYUGP

Semester wise Examination Structure in Discipline Courses:

Semester	Common, Introductory, Major, Minor, Vocational & Internship Courses		Examination Structure			
	Code	Papers	Credits	Mid Semester Theory (F.M.)	End Semester Theory (F.M.)	End Semester Practical/ Viva (F.M.)
I	MJ-1	Foundation of Psychology	6			
II	MJ-2	Statistical method for Psychological Research	6			
III	MJ-3	Bio Psychology	6			
IV	MJ-4	Educational Psychology	6			
	MJ-5	Health Psychology	6			
V	MJ-6	Social Psychology	6			
	MJ-7	Emergence & Growth of Psychology	6			
VI	MJ-8	Clinical Psychology	6			
	MJ-9	Counselling Psychology	6			
VII	AMJ-1	Life Span Development	6			
	AMJ-2	Organizational Psychology	6			
	RC-1	Research Methodology	6			
	RC-2	Research Proposal	4			
VIII	AMJ-3	Human Resource Management	6			
	AMJ-4	Applied Social Psychology	6			

	RC-3	Research Internship/Field Work	4			
	RC-4	Research Report	4			
	VSR	Vocational Studies (Associated with Research)	2			
	Total Credit		98			

Semester wise Course Code and Credit Points:

Semester	Common, Introductory, Major, Minor, Vocational & Internship Courses		Examination Structure			
	Code	Papers	Credits	Mid Semester Theory (F.M.)	End Semester Theory (F.M.)	End Semester Practical/ Viva (F.M.)
I/II/III	IRC	Introductory Psychology	3			
IV	MN-1	Psychology & Media	6			
V	MN-2	Abnormal Psychology	6			
VI	MN-3	Psychology at work	6			
	Total Credits		21			

AIMS OF BACHELOR'S DEGREE PROGRAMME IN PSYCHOLOGY

The FYUGP educational program in Psychology aims to

- create the facilities and learning environment in educational institutions to consolidate the knowledge acquired at +2 level, motivate students to develop a deep interest in Psychology, and to gain a broad and balanced knowledge and understanding of psychological concepts, principles and theories of Psychology.
- provide opportunities to students to learn, Students will demonstrate acquisition of both factual knowledge and the ability to conceptualize and apply this knowledge to their own behavior, to ways of interacting with others, and to their roles in culture and society.
- develop the ability in students to apply the knowledge and skills they have acquired to get to the solutions of specific theoretical and applied problems in Psychology.
- Learning will be demonstrated by performance on multiple quizzes, tests, and exams that cover the *basic issues in Psychology*: methodology, neuroscience, sensation and perception, consciousness, learning, memory, thinking, language, intelligence, motivation and emotion, sexuality, gender and diversity, development, personality, stress and health, disorders, treatments, and social considerations.

- Psychology is the scientific study of mind and behaviour. It is a multifaceted discipline of the sciences and includes many sub-fields of study, such as human development, social behavior, and cognitive processes. Psychology focuses on understanding a person's emotions, personality, and mind through scientific studies, experiments, observation, and research.
- The aims of explaining is to provide answers to questions about why people react to certain stimuli in certain ways, how various factors impact personalities and mental health, and so on. Psychology often use experiments, which measure the impacts of variables upon behaviours, to help formulate theories that explain aspects of human and animal behaviours.

PROGRAM LEARNING OUTCOMES

The psychological outcomes of intermediary processing are known as “cognition,” “consciousness,” and “comportment” and include the diverse manifestations of memory, emotion, attention, language, planning, judgment, insight, and thought.

Students graduating with the B.A. (Honours)/ Research Psychology degree should be able to

- Academic competence
 1. Disciplinary knowledge and methods including data analysis and community program.
 2. Ability to use skills in specific areas cognitive, industrial-organisational, clinical, counselling, health, educational & social community.

Students will know the major concepts, perspectives, historical trends, empirical findings, and research methods and ethics relevant to the field of Psychology:

1. Be able to describe the major concepts, language, and major theories of the disciplines relevant to psychology.
2. Be able to critically evaluate and analyze theoretical perspectives, historical trends and empirical findings that address psychology.

Be able to describe and apply ethical principles pertaining to all aspects of the disciplines relevant to psychology. Students will be able to demonstrate skills in communication, ethical behavior, complex cognitive processes relevant to the field of psychology:

1. Be able to design, conduct, and evaluate research that address questions relevant to forensic social science.
2. Demonstrate effective written and oral skills in various formats and for various purposes in forensic social science.
3. Practice ethical behavior in all aspects of the science and practice of psychology.
4. Use critical thinking effectively in evaluating information quality, recognizing thinking fallacies, and making connections between observations, facts, and theories of psychology.
5. Apply psychological skills to professional work, exhibit self-regulation, refine project management skills, enhance teamwork ability, and develop life direction in the area of psychology.

Scientific Inquiry and Critical Thinking

By the time of completion of the Bachelor's degree, students will:

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1. Use scientific reasoning to interpret psychological phenomena
2. Demonstrate psychology information literacy
3. Engage in innovative and integrative thinking and problem solving
4. Interpret, design, and conduct basic psychological research

Ethical and Social Responsibility in a Diverse World

By the time of completion of the Bachelor's degree, students will:

1. Apply ethical standards to evaluate psychological science and practice
 2. Adopt values that build community
- Demonstrate the ability to use skills in Psychology and its related areas of technology for formulating and tackling Psychology-related problems and identifying and applying appropriate psychological principles and methodologies to solve a wide range of problems associated with Psychology.
 - Demonstrate relevant generic skills and global competencies such as
 - 1) problem-solving skills that are required to solve different types of Psychology related problems with well-defined solutions, and tackle open-ended problems that belong to the disciplinary area boundaries.
 - 2) investigative skills, including skills of independent investigation of Psychology related issues and problems;
 - 3) communication skills involving the ability to listen carefully, to read texts and research papers analytically and to present complex information in a concise manner to different groups/audiences of technical or popular nature;
 - 4) analytical skills involving paying attention to detail and ability to construct logical arguments using correct technical language related to Psychology and ability to translate them with popular language when needed;
 - 5) ICT skills;
 - 6) personal skills such as the ability to work both independently and in a group.
 - Demonstrate professional behavior such as
 - 1) being objective, unbiased and truthful in all aspects of work and avoiding unethical, irrational behavior such as fabricating, falsifying or misrepresenting data or committing plagiarism;
 - 2) the ability to identify the potential ethical issues in work-related situations;
 - 3) be committed to the free development of scientific knowledge and appreciate its universal appeal for the entire humanity;
 - 4) appreciation of intellectual property, environmental and sustainability issues;
 - 5) promoting safe learning and working environment.

Courses of study based on NEP Curriculum under semester system for B.A (Hons.) Psychology 2022 onwards

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SYLLABUS FOR NEW EDUCATION POLICY (NEP) 2022 ONWARDS

DEPARTMENT OF PSYCHOLOGY

Department of Psychology, Jamshedpur Women's University, Jamshedpur (Jharkhand)

PSYCHOLOGY

B.A. (HONS.)

SYLLABUS FOR PSYCHOLOGY B.A. (HONS.)

Courses of study based on NEP Curriculum under semester system for B.A (Hons.) Psychology 2022 onwards

SEMESTER WISE COURSES IN PSYCHOLOGY FOR FYUGP

Semester wise Examination Structure in Discipline Courses:

Semester	Common, Introductory, Major, Minor, Vocational & Internship Courses		Examination Structure			
	Code	Papers	Credits	Mid Semester Theory (F.M.)	End Semester Theory (F.M.)	End Semester Practical/ Viva (F.M.)
I	MJ-1	Foundation of Psychology	6			
II	MJ-2	Statistical method for Psychological Research	6			
III	MJ-3	Bio Psychology	6			
IV	MJ-4	Educational Psychology	6			
	MJ-5	Health Psychology	6			
V	MJ-6	Social Psychology	6			
	MJ-7	Emergence & Growth of Psychology	6			
VI	MJ-8	Clinical Psychology	6			
	MJ-9	Counselling Psychology	6			
VII	AMJ-1	Life Span Development	6			
	AMJ-2	Organizational Psychology	6			
	RC-1	Research Methodology	6			
	RC-2	Research Proposal	4			
VIII	AMJ-3	Human Resource Management	6			
	AMJ-4	Applied Social Psychology	6			
	RC-3	Research Internship/Field Work	4			
	RC-4	Research Report	4			
	VSR	Vocational Studies (Associated with Research)	2			
	Total Credit		98			

Semester wise Course Code and Credit Points:

Semester	Common, Introductory, Major, Minor, Vocational & Internship Courses		Examination Structure			
	Code	Papers	Credits	Mid Semester Theory (F.M.)	End Semester Theory (F.M.)	End Semester Practical/ Viva (F.M.)
I/II/III	IRC	Introductory Psychology	3			
IV	MN-1	Psychology & Media	6			
V	MN-2	Abnormal Psychology	6			
VI	MN-3	Psychology at work	6			
	Total Credits		21			

Semester I
Foundations of Psychology

MJ-1

Full Marks : 50

Part	Particulars	Marks
A	10 Objective type question (MCQ/True-False/Fill in the blanks etc.) for 1 mark each.	$10 \times 1 = 10$
B	08 Short answer (250 words) type questions, of which 04 have to be answered for 5 marks each.	$4 \times 5 = 20$
C	04 questions for long answer (400 words) type, of which 02 have to be answered for 10 marks each.	$2 \times 10 = 20$
TOTAL MARKS		50

Unit 1: Introduction :

- (a) What is psychology?
- (b) Scope of Psychology
- (c) Methods of psychology
- (d) Psychology in modern India.

Unit 2 : Perception and Attention :

- (a) Perceptual processing.
- (b) Role of attention in perception.
- (c) Perceptual organization.
- (d) Attention, Characteristics and types of attention, Determinants, Sustained Attention.

Unit 3 : Learning and Motivation :

- (a) Learning concept.
- (b) Theories of learning.

* Thorndike.

* Pavlov.

* Tolman.

(c) Motivation: Concept and types.

(d) Role of motivation in learning.

Unit 4: Memory :

(a) Concept.

(b) Type of memory.

(c) Difference between LTM and STM.

(d) Forgetting: Nature and Causes.

Readings List :

Baron, R. and Mishra, G. (2013). Psychology. New Delhi: Pearson.

Chadha, N.K. and Seth, S. (2014). The Psychological Realm: An Introduction. New Delhi. Pinnacle Learning,

Ciccarelli, S. K. and Meyer, G. E. (2010). Psychology- New Delhi Pearson Education.

Passer, M.W. and Smith, R.E. (2010). Psychology: The science of mind and behaviour New Delhi: Tata McGraw-Hill.

Md. Suleman (2012) : Adhunic samanya Manougyan. Patna: Motilal Banarsidas.

Sing, A. K. (2012). Adhunic samanya monavigyan. Patna: Motilal Banaridas.

**Semester I
Practical**

MJ-!P

Full Marks : 20

Four questions will be set out of which candidates will be required to answer any one question.

1. Verbal learning :

- (a) Prompting and anticipation.
- (b) Paired association.

2. Method of Learning :

- (a) Massed vs Distributed.
- (b) Part vs Whole.

Reading List :

Sinha R.R.P and Mishra, B.K. (1984). Manovigyan Mein Prayog ewam Sankhiyeki Patna: Bharati Bhawan.

Sulaiman, Md. (1996): Manovigyanik prayog aur Parikshan. Patna: Motilal Banarsidas.

Mohsin., S.M. (1982). Experimental Psychology Patna Motilal Banarsidas.

Semester 1
General Psychology

IRC-!

Full Marks : 50

Part	Particulars	Marks
A	10 Objective type question (MCQ/True-False/Fill in the blanks etc.) for 1 marks each.	$10 \times 1 = 10$
B	08 Short answer (250 words) type questions, of which 04 have to be answered for 5 marks each.	$4 \times 5 = 20$
C	04 questions for long answer (400 words) type, of which 02 have to be answered for 10 marks each.	$2 \times 10 = 20$
TOTAL MARKS		50

Unit 1: Introduction :

- (a) Definition.
- (b) Goals of psychology.

Unit 2: Methods of Psychology :

- (a) Experiment
- (b) Interview
- (c) Observation

Unit 3: Audio Processes :

- (a) Structure
- (b) Function

Unit 4: Perceptual Processes :

- (a) Processes involved
- (b) Social and personal factors in perception

Reading List :

Wood, S.E. and Wood, E.G. (1996): The world of Psychology. New York: Allyn-Bacon.
Rahman, A. (1998): Samanya Manovigyan Vishay aur Viyakhya: Motilal Banarasidas.
Sulaiman, Md (1996): Uchhtar Samanya Manovigyan: Patna: Motilal Banarsidas.

**Semester I
Practical**

IRC-IP

Full Marks : 20

Three questions will be set out of which candidates will be required to answer one questions.

1. Sensory-Motor Learning :

- (a) Negative transfer in Sensory-motor learning.
- (b) Positive transfer in Sensory-motor learning.

2. Verbal Learning :

- (c) Serial reproduction method.

Reading List :

Mohsin, S.M. (1982). Experiments in psychology. Patna: Motilal Banarsidas.

Sulaiman, M. (1996). Manovigyanik prayog aur parikshan. Patna: Motilal Banarsidas.

Semester II
Statistical Methods for Psychological Research

MJ-2

Full Marks : 50

Part	Particulars	Marks
A	10 Objective type question (MCQ/True-False/Fill in the blanks etc.) for 1 mark each.	$10 \times 1 = 10$
B	08 Short answer (250 words) type questions, of which 04 have to be answered for 5 marks each.	$4 \times 5 = 20$
C	04 questions for long answer (400 words) type, of which 02 have to be answered for 10 marks each.	$2 \times 10 = 20$
TOTAL MARKS		50

Unit 1 : Introduction :

- a. What is psychological research?
- b. Relevance of statistics in psychological research.
- c. Parametric and Non-Parametric statistics.
- d. Level of measurement.

Unit 2: Central Tendency:

- a. Calculation of Mean
- b. Calculation of Median
- c. Calculation of Mode
- d. Calculation of S.D

Unit 3: Correlation:

- (a) Historical perspectives.
- (b) Coefficient of correlation.
- (c) Calculation of Pearson coefficient of correlation (r)
- (d) Spearman's rank order correlation coefficient (p)

Unit 4: Hypothesis testing and making inferences :

- (a) Significance of mean difference
- (b) Computation of t – value – correlated and uncontrolled.
- (c) Interpretation of t – value
- (d) Level of significance

Readings List :

Garrett, H.E. (2010). Statistics in Psychology and Education. New Delhi: Surjeet Publication.

Hussain, Shamshad (2010). Statistics in Psychology Patna: Motilal Banarsidas.

Suleiman, Md. (2012). Shiksha and Manovigyan me shankhiki. Patna: Motilal Banarsidas.

Singh, A.K. (2012). Shiksha aum Manovigyan Me Shankhiki. Patna: Motilal Banarsidas.

Semester II Practical

MJ-2P

Full Marks : 20

Three questions will be set out of which candidates will be required to answer any one question.

Test of Intelligence:

1. Alexander's test Battery of intelligence (Pass Along, Koh's Block Design, Cube Construction.)
2. Jalota's test of Intelligence.
3. Raven Progressive Matrices.
4. Porteus Maze Test

Reading List :

Sinha, R.R.P (2001). Manovigyan me prayog, Parikchan aur Snakhiyeki.

Sulaiman, M (1999). Manovigyan Prayog aur parikcahn. Patna: Motilal Banarsidas.

Anastasi A. (1988). Psychological Testing .New York: McMillan.

Semester II
Abnormal Psychology

MN-1

Full Marks : 50

Part	Particulars	Marks
A	10 Objective type question (MCQ/True-False/Fill in the blanks etc.) for 1 mark each.	$10 \times 1 = 10$
B	08 Short answer (250 words) type questions, of which 04 have to be answered for 5 marks each.	$4 \times 5 = 20$
C	04 questions for long answer (400 words) type, of which 02 have to be answered for 10 marks each.	$2 \times 10 = 20$
TOTAL MARKS		50

Unit 1: Introduction :

- (a) Nature and characteristics of abnormal behaviors.
- (b) Concept of Abnormality
- (c) Criteria of Abnormality

Unit 2: Method :

- (a) Case History
- (b) Observation
- (c) Interview

Unit 3: Dynamic Aspects of Mind :

- (a) Id, Ego, Super Ego
- (b) Conscious, Sub Conscious, Unconscious
- (c) Anxiety

Unit 4: Psychopathology of Everyday Life :

- (a) Slip of Tongue and Pen
- (b) Psycho Sexual Development
- (c) Ego Defense Mechanism

Reading List :

American Psychiatric Association (2013). *diagnostic and statistical manual of mental disorders: DSM-5*, American Psychiatric Pub.

Barlow, D.H. & Durand, V.M. (1999). *Abnormal Psychology : An integrative approach* (2nd Ed.). Pacific Grove : Brooks / Cole.

Buss. A.H. (1999). *Psychopathology*. New York : John Wiley.

Butcher. J.N. (2014). *Abnormal Psychology*. New Delhi : Pearson Education.

Carson, R.C., Butcher, J.N., & Mineka, S. (2001). *Abnormal Psychology and modern life* (11th Ed.). New York. Allyn and Bacon.

Kaplan, H.J., & Sadock, B.J. (2004). *Synopsis of Comprehensive Textbook of Psychiatry* (10th Ed.). Baltimore : Williams & Wilkins.

Sarason. I.G. & Sarason, B.R. (2006). *Abnormal Psychology*. (11th Ed.). Delhi : Prentice Hall India.

Semester II Practical

MN-IP

Full Marks : 20

Three questions will be set out of which candidates will be required to answer any one question.

1. Mohsin's Bell Adjustment Inventory.
2. Word Association Test.
3. Sinha Comprehensive Anxiety Scale.

Reading List :

Groth- Marnat, Garry (2005). The Handbook of Psychological Assessment (4th Ed). New York: John Wiley and Sons.

Suleman, M. (2012) Manovigyan Mein Prayog aur Parikshan. Patna: Motilal Banarsidas.

Singh, A.K. (2012). Manovigyan Mein Prayog Qum Parikshan. Patna: Motilal Banarsidas.

Semester III

Biopsychology

MJ-3

Full Marks : 50

Part	Particulars	Marks
A	10 Objective type question (MCQ/True-False/Fill in the blanks etc.) for 1 mark each.	$10 \times 1 = 10$
B	08 Short answer (250 words) type questions, of which 04 have to be answered for 5 marks each.	$4 \times 5 = 20$
C	04 questions for long answer (400 words) type, of which 02 have to be answered for 10 marks each.	$2 \times 10 = 20$
TOTAL MARKS		50

Unit I : Introduction to biopsychology :

- (a) Nature
- (b) Scope
- (c) Methods
- (d) Ethics

Unit 2: The Functioning Brain :

- (a) Structure
- (b) Functions of neurons
- (c) Neural conduction
- (d) Synaptic transmission

Unit 3: Behavioral Regulations :

- (a) Biological basis of learning and memory.
- (b) Functional abnormalities of neurotransmitter.
- (c) Dopamine and serotonin hypothesis.
- (d) Neuroendocrine system and development of brain behavior.

Unit 4: Neuroplasticity and Rehabilitation :

- (a) Plasticity of the adult brain.
- (b) Neuroplastic responses to nervous system,
- (c) Damages (neural degeneration, neural regeneration, neural reorganization, and recovery of function).
- (d) Aging process in the brain

Reading List :

Breedlove, S. M., Rosenzweig, M. R. and Watson, N. V. (2007) Biological Psychology: An introduction to behavioral, cognitive, and clinical neuroscience, (5th Edition). Sunderland, Massachuset.

Carlson, N. R. (2009) Foundations of Physiology, (6th Edition). New Delhi: Pearson Education.

Pinel, J. P. (2011) Biopsychology (8th Edition). New Delhi. Pearson Education.

Singh, A.K. (2014). Neuro-psychology. Patna: Motilal Banarsidas.

**Semester III
Practical**

MJ-3P

Full Marks : 20

Four questions will be set out of which candidates will be required to answer any one question.

1. Coping Behaviour
2. General Health Questionnaire by S.K. Verma.
3. Psychological Wellbeing by David Goldberg.
4. Emotional Maturity Scale by Mahesh Bhargave.

Reading List :

Suleiman, Md (2012). Manovigyan Mein Prayog aur Parikshan. Patna: Motilal Banarisidas.

Sinha, RRP (2001). Manovigyan me prayog, parikshan aur sankshiyiki.

Anastasi, A (1988). Psychological testing. New York: McMillan.

Semester III
Psychology at work

MN-2

Full Marks : 50

Part	Particulars	Marks
A	10 Objective type question (MCQ/True-False/Fill in the blanks etc.) for 1 mark each.	$10 \times 1 = 10$
B	08 Short answer (250 words) type questions, of which 04 have to be answered for 5 marks each.	$4 \times 5 = 20$
C	04 questions for long answer (400 words) type, of which 02 have to be answered for 10 marks each.	$2 \times 10 = 20$
TOTAL MARKS		50

Unit 1: Work Psychology:

- (a) Definition of Industrial Psychology.
- (b) Objectives and aim of Industrial Psychology.
- (c) Problem of Industrial Psychology.

Unit 2: Fatigue:

- (a) Fatigue – nature
- (b) Causes of Fatigue
- (c) Measures of reducing Fatigue.

Unit 3: Attitude at work :

- (a) What is an attitude?
- (b) How attitude measure?
- (c) Attitude and behaviour.

Unit 4: Stress at work :

- (a) What is stress?
- (b) The causes of stress
- (c) The source of stress at work.

**Semester III
Practical**

MN-2P

Full Marks : 20

Three questions will be set out of which candidates will be required to answer any one question.

Psychophysical Methods:

- (a) Determination of D.L for lifted weight by method of limit.
- (b) Muller Lyer Illusion by method of Av. Error
- (c) Distraction of attention in Mental task.

Reading List :

Groth- Marnat, Garry (2005). The Handbook of Psychological Assessment (4 Ed). New York: John wiley and Sons.

Sulaiman, M. (2012) Manovigyan Mein Prayog aur Parikshan. Patna: Motilal Banarisidas.

Singh, A.K. (2012). Monovigyan Mein Prayog aum Parikshan. Patna: Motilal Banarsidas.

Semester IV
Educational Psychology -

MJ-4

Full Marks : 50

Part	Particulars	Marks
A	10 Objective type question (MCQ/True-False/Fill in the blanks etc.) for 1 mark each.	$10 \times 1 = 10$
B	08 Short answer (250 words) type questions, of which 04 have to be answered for 5 marks each.	$4 \times 5 = 20$
C	04 questions for long answer (400 words) type, of which 02 have to be answered for 10 marks each.	$2 \times 10 = 20$
TOTAL MARKS		50

Unit 1: Educational Psychology :

- (a) Concept
- (b) Aims
- (c) Scope
- (d) Significance

Unit 2: Education for special children :

- (a) Concept
- (b) Types
- (c) Adjustment
- (d) Education of mentally retarded children

Unit 3: Educational technology and programmed learning :

- (a) Meaning
- (b) Important
- (c) Nature of programmed learning.
- (d) Skinner viewpoints of programmed learning.

Unit 4: Class room Management :

- (a) Ecology of Classroom
- (b) Social Psychology of Classroom
- (c) Discipline
- (d) Communication

Reading List :

Divesta and Thompson (1985). Educational Psychology. New York: Appleton-Centry.

Fraudsem, AN (1961). Educational Psychology. New York Mc Graw Hill.

Lindgren, H. (1976). Educational Psychology in the Classroom. Hong Kong : John Willey.

Rao, S. Narayan (2002). Educational Psychology. New Delhi: New Age International (P) Limited Publishers.

S. S. Chauhan (1984). Advanced Educational Psychology. New Delhi: Vikas Publishing House Pvt. Ltd.

Skinner, CE (2002) Educational Psychology. New Delhi: Prentice Hall of India Ltd.

Suleman, Md. and Sinha, R.K. (2005). Uchchatar Shiksha Manovigyan. Patna; Motilal Banarsidas. (In Hindi).

Singh, AK (2007). Shiksha Manovigyan. Patna: Bharti Bhawan. (In Hindi)

Semester IV
Health Psychology

MJ-5

Full Marks : 50

Part	Particulars	Marks
A	10 Objective type question (MCQ/True-False/Fill in the blanks etc.) for 1 mark each.	$10 \times 1 = 10$
B	08 Short answer (250 words) type questions, of which 04 have to be answered for 5 marks each.	$4 \times 5 = 20$
C	04 questions for long answer (400 words) type, of which 02 have to be answered for 10 marks each.	$2 \times 10 = 20$
TOTAL MARKS		50

Unit 1: Introduction to Health Psychology :

- (a) Components of health as social, emotional, cognitive and physical aspects.
- (b) Relationship between health and psychology.
- (c) Mind and body relationship
- (d) Goals of health psychology

Unit 2: Well-Being:

- (a) Concept, Definition, Scope of Well-Being
- (b) Objectives and Importance of Well-Being
- (c) Components of well-being
- (d) Models of Well-Being

Unit 3: Managing Stress, Illness and Pain:

- (a) Causes
- (b) Consequences
- (c) Interventions
- (d) Roll of Social Support

Unit 4: Health Enhancing Behaviors :

- (a) Meaning of Health Promoting Behaviours
- (b) Implications for well-being.
- (c) Psychological factors as resilience, hope, optimism, positive self.
- (d) Physical factors as exercise, safety, nutrition, etc.

Reading List :

Carr, A. (2004). Positive Psychology: The science of happiness and human strength. UK: Routledge.

DiMatteo, M. R. and Martin, L.R. (2002). Health psychology. New Delhi: Pearson.

Misra, G. (1999). Stress and Health. New Delhi: Concept.

Sarafino, E.P. (2002). Health psychology: Bio psychosocial interactions (4th Ed.). NY: Wiley.

Snyder, C.R., and Lopex, S.J. (2007). Positive Psychology: The Scientific and Practical Explorations of Human Strengths. Thousand Oaks, CA: Sage.

Taylor, S.E. (2006). Health Psychology (6th Ed.). New Delhi: Tata McGraw Hill.

Razaque. et.al. (2012). New Horizon in Stress Management. New Delhi: Ayushman publishing House Private Ltd.

**Semester IV
Practical**

MJ- 4 & 5P

Full Marks : 20+20 = 40

Four questions will be set out of which candidates be required to answer any two questions.

1. Noise Sensitivity Scale by Mohar I.S. et. al.
2. Bhatia Battery of Performa test of intelligence.
3. Mental Health Questionnaire
4. Life satisfaction Scale by Pramod Kumar.

Reading List :

Sinha R.R.P and Mishra, B.K. (1984). Manovigyan Mein Prayog ewam Sankhiyeki Patna: Bharati Bhawan.

Sulaiman, Md. (1996): Manovigyanik prayog aur Parikshan. Patna: Motilal Banarsidas.

Mohsin., S.M. (1982). Experimental Psychology Patna Motilal Banarasi Das.

Semester IV
Psychology and Media

MN-3

Full Marks : 50

Part	Particulars	Marks
A	10 Objective type question (MCQ/True-False/Fill in the blanks etc.) for 1 mark each.	$10 \times 1 = 10$
B	08 Short answer (250 words) type questions, of which 04 have to be answered for 5 marks each.	$4 \times 5 = 20$
C	04 questions for long answer (400 words) type, of which 02 have to be answered for 10 marks each.	$2 \times 10 = 20$
TOTAL MARKS		50

- Unit 1:**
- (a) Communication meaning and nature
 - (b) Goal of Communication Stages of CommunicationTypes of
 - (c) Communication

- Unit 2:**
- (a) Flow of Communication & Media of Communication
 - (b) Non-verbal of Communication
 - (c) Pictorial Communication

- Unit 3:**
- (a) Oral Communication Written CommunicationBodily
 - (b) Communication
 - (c) Formal and Informal Communication

- Unit 4:**
- (a) Models of Communication
 - (b) Importance of Communication & Limitations of Communication
 - (c) Effective Communication

Reading List :

Singh, AK., Samaj Manovigyan ki Ruprekha, Patna, Motilal Banarsidas.

Suleman, Md(2012). Manovigyan aur Samajik Samasyaye. Patna: Motilal Banarsidas. Prasad, Navratan(2009). Samajik Samasyaye, Patna, Motilal Banarsidas.

Baron, R and Byrne(2010). Social Psychology: New Delhi: Pearson Education.

K, Renu(2010). Apradhsashtra aur Samajik Samasyaye, New Delhi: Atlantic Publication.

Pandey, G(2010). Samaj Manovigyan, New Delhi, Atlantic Publication.

**Semester IV
Practical**

MN-3P

Full Marks : 20

Three questions will be set out of which candidates will be required to answer one question.

1. Recall and Recognition
2. Effect of Interpolated Activity
3. Effect of Knowledge

Reading List :

Suleiman, Md. (2012). Manovigyan Mein Prayog aur Parikshan. Patna: Motilal Banarisidas.

Sinha, R.R.P and Mishra, B.K. (1984). Manovigyan Mein prayog ewam sankhiyeki. Patna: Bharati Bhawarn .

Mohsin, S.M. (1982). Experimental Psychology. Patna: Motilal Banarsidas.

Semester V
Social Psychology

MJ-6

Full Marks : 50

Part	Particulars	Marks
A	10 Objective type question (MCQ/True-False/Fill in the blanks etc.) for 1 mark each.	$10 \times 1 = 10$
B	08 Short answer (250 words) type questions, of which 04 have to be answered for 5 marks each.	$4 \times 5 = 20$
C	04 questions for long answer (400 words) type, of which 02 have to be answered for 10 marks each.	$2 \times 10 = 20$
TOTAL MARKS		50

Unit 1: Social System :

- (a) Psychological understanding of social system.
- (b) Indian family system.
- (c) Social stratification- caste, class, power
- (d) social identities- religious ethics.

Unit 2: Deprivation :

- (a) Social inequality poverty and deprivation:
- (b) Social psychological analysis of deprivation;
- (c) Consequences of deprivation
- (d) Poverty-cause and measures.

Unit 3: Environmental issues :

- (a) Meaning and Subject matter of Environmental issues,
- (b) Environment culture and behaviour.
- (c) Crowding – explanation and consequences.
- (d) Crowding –Intervention for Environmental Managements.

Unit 4: Anti-Social behaviour:

- (a) Corruption -Meaning, Types, Causes and Measures
- (b) Bribery
- (c) Crime and delinquency – Cause and Measures
- (d) Disadvantage Children-Meaning and Education

Reading List :

- Misra, G. (1990). Applied social psychology in India; New Delhi, Sage.
- Forsea, M. (1998). Family and Marriage in India, Japan: Sachi.
- Sinha, D., Tripathi R.C. and Misra, G. (1995). Deprivation: Its social roots and psychological consequences, New Delhi: Concept.
- Tripathi, R.C. (1998). Applied Social Psychology. In J. pandey (ed.) Psychology in India, The state of the Art. Vol. II., New Delhi.
- Singh, A.K (2002). Samaj Manovigyan ki Roop Rekha. Patna: Motilal Banarasi Das.
- Alam, R and Razaque, (2006). Social Dimension of Human Behavior. New Delhi: Manak Publication.
- Ranjan. Annita (2015). MANGREA and women empowerment. New Delhi: Occan Books Pvt. Ltd.

Semester V
Emergence and Growth of Psychology

MJ-7

Full Marks : 50

Part	Particulars	Marks
A	10 Objective type question (MCQ/True-False/Fill in the blanks etc.) for 1 mark each.	$10 \times 1 = 10$
B	08 Short answer (250 words) type questions, of which 04 have to be answered for 5 marks each.	$4 \times 5 = 20$
C	04 questions for long answer (400 words) type, of which 02 have to be answered for 10 marks each.	$2 \times 10 = 20$
TOTAL MARKS		50

Unit 1: History of Psychology:

- a) Development of psychology
- b) Main contributions- Wilhelm Wundt
- c) Development of Behaviorism- contributions of Watson.
- d) Foundation of gestalt psychology

Unit 2: Foundation of Experimental Psychology:

- a) Contributions of Weber
- b) Contributions of Fechner
- c) Contributions of Ebbinghaus
- d) Contributions of Galton.

Unit – 3 : The development of Psychology

- a) Structuralism
- b) Functionalism
- c) Humanistic
- d) Associationalism

Unit – 4 : Development of Psychoanalytic School

- a) Contribution of Adler
- b) Contribution of Freud
- c) Contribution of Jung
- d) Contribution of Neo Freudians.

Reading List :

Boring. E.G. (1995). A History of Experimental Psychology. New York: Appleton Century Co.

Heidbreder, E. (1997). Seven Psychologies. New Delhi: Kalyani publishes.

Leaky, TH (1991). A History of Modern Psychology. New Jersey: Prentice Hall.

Murphy, G. (1960). Historical Introduction of Modern Psychology. London: Routledge and Kagan Private Ltd.

Raju, P. T. (1988). Structural Depths of Indian thought. New York: Albama StateUniversity.

Singh A.K. (2006). The Comprehensive History of Psychology Delhi: Motilal Banaridas Publication Private Limited.

Rahman, A. and Jawaidd, A. (1994). Manovigyan ka Sanchhipt Itihas. Patna: Motilal Banarsidas.

Singh, A. K (2002). Manovigyan ka Sampradaya Evam Itihas Patna : Motilal Banarsidas.

**Semester V
Practical**

MJ-6&7P

Full Marks : 20+20 = 40

Four questions will be set out of which candidates will be required to answer two questions.

1. Social Adjustment Inventory by Deva
2. Verbal General Intelligence Test by Asthana & Verma.
3. Aptitude Test verbal Reasoning.
4. Differential Personality Scale of Arun Kumar Singh

Reading List:

Sulaiman, M (2012). Manovigyan Mein Prayog aur Parikshan. Patna: Motilal Banarisidas.

Singh, A.K(2013). Manovigyan Mein Prayog aur Parikshan. Patna: Motilal Banarisidas.

Semester VI
Clinical Psychology

MJ-8

Full Marks : 50

Part	Particulars	Marks
A	10 Objective type question (MCQ/True-False/Fill in the blanks etc.) for 1 mark each.	$10 \times 1 = 10$
B	08 Short answer (250 words) type questions, of which 04 have to be answered for 5 marks each.	$4 \times 5 = 20$
C	04 questions for long answer (400 words) type, of which 02 have to be answered for 10 marks each.	$2 \times 10 = 20$
TOTAL MARKS		50

Unit 1: Schizophrenia :

- a) Meaning and Types
- b) Causes and Symptoms
- c) Diagnosis and etiology
- d) Treatment of Schizophrenia.

Unit 2: Mood Disorders :

- a) Meaning and Nature of Depressive disorders
- b) Causes and Treatment of Depressive Disorders
- c) Meaning and Etiology of Bipolar disorders
- d) Treatment of Bipolar Disorders

Unit 3: Personality Disorders :

- (a) Meaning and Nature of Personality Disorders
- (b) Antisocial- Personality.
- (c) Borderline personality disorders.
- (d) Sexual disorders (Clinical Picture):
 - * Paraphilias
 - * Gender Identity Disorder
 - * Sexual Dysfunction

Unit 4: Intervention and Management

- (a) Biological
- (b) Psychoanalytic
- (c) Cognitive
- (d) Behavioral.

Reading List :

Ahuja, N. (2011). A Short Textbook of Psychiatry (7th Ed.) New Delhi: Jaypee.

Barlow D.H. and Durand V.M. (2005). Abnormal Psychology: An Intergrated Approach (4th Ed.). New Delhi: Pearson Education.

Carson R.C., Butcher, J.N., Mineka, S, and Hooley J.M. (2007). Abnormal Psychology (13th Ed.). New Delhi: Pearson Education.

Kring, A.M., Johnson, L.L., Davison, G.C. and Neale, J.M. (2010). Abnormal Psychology (11th Ed.). New York: John Wiley.

Semester VI
Counseling Psychology

MJ-9

Full Marks : 50

Part	Particulars	Marks
A	10 Objective type question (MCQ/True-False/Fill in the blanks etc.) for 1 mark each.	$10 \times 1 = 10$
B	08 Short answer (250 words) type questions, of which 04 have to be answered for 5 marks each.	$4 \times 5 = 20$
C	04 questions for long answer (400 words) type, of which 02 have to be answered for 10 marks each.	$2 \times 10 = 20$
TOTAL MARKS		50

Unit 1: Introduction :

- (a) Definition and nature.
- (b) Objective and functions of Counselling Psychology
- (c) Counseling as a profession-training, activities and professional ethics.
- (d) The effective counselor- Personality characteristics, skills, self of counselor.

Unit 2: Counseling Process:

- (a) Stages of counseling.
- (b) Factors affecting Counselling process.
- (c) Assessment for counseling.
- (d) Interventions Strategies in the Counselling process.

Unit 3: Counseling Theory and Techniques:

- (a) Individual counseling theory
- (b) Psychoanalytic & Humanistic techniques
- (c) Behavioral & Cognitive techniques.
- (d) Group techniques.

Unit 4: Counseling Application:

- (a) Family and couples counseling.
- (b) School and Career counseling.
- (c) Workplace counseling.
- (d) Counseling for wellness.

Reading List :

Feltham, C and Horton, I. (2000). Handbook of Counseling and Psychotherapy. London: Sage.

Gibson, R.L. and Mitchell, M.H. (2003). Introduction to Counseling and Guidance (6th Ed.). New Delhi: Pearson India.

Gliadding, S.T. (2009). Counseling: A comprehensive profession (6th Ed.) New Delhi: Pearson India.

Misra, G. (Ed.) (2010). Psychology in India, (Volume 3). Clinical and Health Psychology. New Delhi: Pearson India.

Rao, S. (2002). Counseling and Guidance (2nd Ed.) New Delhi: Mc Graw Hill.

Semester VI
Practical

MJ-8&9P

Full Marks : 20+20 = 40

Four questions will be set out of which candidates will be required to answer two questions.

1. Eysenck Personality Questionnaire
2. Moral Value Scale
3. Stress Scale by A. k Singh
4. Vocational Interest by S.P Kulshrestha

Reading List:

Sulaiman, M (2012). Manovigyan Mein Prayog aur Parikshan. Patna: Motilal Banarisidas.

Singh, A.K(2013). Manovigyan Mein Prayog aur Parikshan. Patna: Motilal Banarisidas.

Semester VII
Life Span Developmental Psychology

AMJ-1

Full Marks : 50

Part	Particulars	Marks
A	10 Objective type question (MCQ/True-False/Fill in the blanks etc.) for 1 mark each.	$10 \times 1 = 10$
B	08 Short answer (250 words) type questions, of which 04 have to be answered for 5 marks each.	$4 \times 5 = 20$
C	04 questions for long answer (400 words) type, of which 02 have to be answered for 10 marks each.	$2 \times 10 = 20$
TOTAL MARKS		50

Unit – 1: Emotional Development

- a) social adjustment patterns of emotional development.
- b) Emotional dominance
- c) Balance
- d) Control and catharsis.

Unit – 2 : Patterns of Social Development in childhood and adolescence

- a) Meaning of Social development
- b) Importance of early social experience.
- c) Meaning of social adjustment
- d) Role of companion in social adjustment.

Unit – 3 : Cognitive and Intellectual Development

- a) Piaget's theories of cognitive development
- b) cognitive development
- c) Development of creativity
- d) Expressions of creativity in childhood.

Unit – 4 : Moral and Personality Development

- a) The stages of moral development
- b) Cognitive approach to moral development
- c) The personality pattern in development
- d) Importance of personality determinants.

Reading List :

Berk, L.E. (2013). *Development through the lifespan*. India : Pearson Education.

Shaffer, D.R. (1996). *Development Psychology and adolescence*. California : Brooks & Cole.

Hurlock : Developmental Psychology.

Semester VII
Organization Psychology

AMJ-2

Full Marks : 50

Part	Particulars	Marks
A	10 Objective type question (MCQ/True-False/Fill in the blanks etc.) for 1 mark each.	$10 \times 1 = 10$
B	08 Short answer (250 words) type questions, of which 04 have to be answered for 5 marks each.	$4 \times 5 = 20$
C	04 questions for long answer (400 words) type, of which 02 have to be answered for 10 marks each.	$2 \times 10 = 20$
TOTAL MARKS		50

Unit 1 : Introduction and issues in Organizational Psychology :

- (a) Brief History of Organization Psychology.
- (b) Current status of Organizational psychology.
- (c) Psychology in the Indian context: Organizational structure.
- (d) Organizational climate and culture.

Unit 2: Introduction of work related attitudes and work motivation :

- a) Job satisfaction & Job involvement
- b) Organization commitment & OrganizationalCitizenship Behavior
- c) Psychological Contract, work engagement.
- d) Job Stress

Unit 3: Leadership :

- a) Contemporary perspectives on leadership
- b) Cross-cultural leadership issues
- c) Indian on leadership
- d) Diversity issues in leadership.

Unit 4: Positive Organizational Behaviour :

- (a) Optimism
- (b) Emotional Intelligence
- (c) Self-Efficacy.
- (d) Work life balance.

Reading List :

Arnoldt, M.G. (2001) Industrial Organizational Psychology. Indiana: Cengage Learning.

Greenberg, J. and Baron, R.A. (2007). Behaviour in Organizations (9th Ed.). Indiana: Dorling Kindersley.

Luthans, F. (2009). Organizational behaviour. New Delhi: McGraw Hill.

Muchinsky, P. (2006). Psychology applied to work: An introduction to industrial and organizational psychology. NC: Hypergraphic Press.

Pareek, U. (2010). Understanding Organizational Behaviour. Oxford: Oxford University Press.

Prakash, A. (2011). Organizational behaviour in India: An indigenous perspective. In G. Misra (Ed.), Handbook of Psychology. New Delhi: Oxford University Press.

Singh, K. (2010). Organizational behaviour: Texts and Cases. Indiana: Dorling Kindersley.

Semester VII
Research Methodology

RC-1

Full Marks : 50

Part	Particulars	Marks
A	10 Objective type question (MCQ/True-False/Fill in the blanks etc.) for 1 mark each.	$10 \times 1 = 10$
B	08 Short answer (250 words) type questions, of which 04 have to be answered for 5 marks each.	$4 \times 5 = 20$
C	04 questions for long answer (400 words) type, of which 02 have to be answered for 10 marks each.	$2 \times 10 = 20$
TOTAL MARKS		50

Unit 1: Psychological Research :

- (a) Definition
- (b) Goal
- (c) Steps in Psychological research.
- (d) Ethics in psychological research.

Unit 2 Sampling :

- (a) Definition
- (b) Steps involved in Sampling
- (c) Probability sampling methods
- (d) Non-probability sampling methods

UNIT 3: Non - Experimental Methods (I) :

- (a) Case study
- (b) Observation
- (c) Survey
- (d) Field Study

UNIT 4: Non-Experimental methods (II) :

- (a) Psychological testing
- (b) Standardization
- (c) Reliability & Validity
- (d) Norm

Reading List :

- Chandha, N. K. (2009). Applied Psychometric. New Delhi: Sage Publication.
- Dyer, C. (2001). Research in Psychology: A Practical Guide to Research Methodology and Statistics (2nd Ed.). Oxford: Blackwell Publishers.
- Gregory, R.J. (2006). Psychological Testing: History, Principles, and Applications (4thEd.). New Delhi: Pearson Education.
- Murphy, K.R. and Davidshofer, C. O. (2004). Psychological Testing: Principles and Applications (6th Ed.). New Jersey: Prentice Hall.
- Neuman, W.L. (2006). Social Research Methods: Qualitative and Quantitative Approaches (6th Ed.). Boston : Pearson Education.
- Willig, C. (2001). Introducing qualitative research in psychology: Adventures in theory and method. Philadelphia: Open University Press.
- Singh, A.K. (2013). Research methods in behavioural sciences. Patna: Student's Friends Publication.
- Md. Suleiman (2013). Manovigyam me shodh pranaly. Patna: Motilal Banarisidas

Semester-VII

F.M-40

RC-II

Research Proposal

The students shall be required to prepare a Research Report work related to the following topics covered in the course. They can use Psychological Assessment devices for their Research Proposal

Semester-VIII
Human Resource Management

AMJ-3

Full Marks : 50

Part	Particulars	Marks
A	10 Objective type question (MCQ/True-False/Fill in the blanks etc.) for 1 mark each.	$10 \times 1 = 10$
B	08 Short answer (250 words) type questions, of which 04 have to be answered for 5 marks each.	$4 \times 5 = 20$
C	04 questions for long answer (400 words) type, of which 02 have to be answered for 10 marks each.	$2 \times 10 = 20$
TOTAL MARKS		50

Unit 1: Introduction to Human Resource Management (HRM) :

- a) Human Resource Management (HRM)
- b) Human Resource Development (HRD)
- c) Context
- d) Issues in HRM.

Unit 2: Human Resource Practices :

- a) Job analysis
- b) Recruitment and Selection
- c) Training, performance
- d) Evaluation.

Unit 3: Advertisement and Consumer Behaviour :

- a) Meaning & Characteristics
- b) Objectives of Advertisement
- c) Media
- d) Consumer Behaviour.

Unit 4: Salesman :

- a) Meaning & Characteristics,
- b) Methods of Selection of Salesman
- c) Types of Salesman
- d) Role of Psychology in improving Salesmanship.

Reading List :

Bhatnagar, J. and Budhwar, J. (2009). The Changing Face of People Management in India. London: Routledge.

Suleman and Chaudhary. (2009). Modern Industrial and Organizational Psychology “Motilal Banarsidas Publication.

Arun Kumar Singh. (2012). “Organizational Behavior”.

Briscoe, D. R., Schuler, R. S. and Claus, L. (2009). International Human Resource Management: Policies and Practices for Multinational Enterprises (3rd Ed). New York: Routledge.

DeCenzo, D. A and Robbins, S.P. (2006). Fundamentals of Human Resource Management (8th Ed). New York: Wiley.

Harzing, A.W.K. and Pennigton, A. (2011). International Human Resource Management. New Delhi: Sage publications.

Khandelwal, K.A. (2009). In search of Indianess: Cultures of Multinationals. New Delhi: Knnishka Publishers.

Semester-VIII
Applied Social Psychology

AMJ-4

Full Marks : 50

Part	Particulars	Marks
A	10 Objective type question (MCQ/True-False/Fill in the blanks etc.) for 1 mark each.	$10 \times 1 = 10$
B	08 Short answer (250 words) type questions, of which 04 have to be answered for 5 marks each.	$4 \times 5 = 20$
C	04 questions for long answer (400 words) type, of which 02 have to be answered for 10 marks each.	$2 \times 10 = 20$
TOTAL MARKS		50

Unit : 1 Introduction :

- (a) Definition and Nature of Applied Social Psychology.
- (b) Importance and Applications of Applied Social Psychology.
- (c) Scope of Applied Social Psychology.
- (d) Current status of Applied Social Psychology.

Unit : 2 Crime and Criminals :

- (a) Definition and Nature
- (b) Characteristics of Crime and Criminals
- (c) Psychological, Biological and Socio-cultural explanation of Crime and Criminals
- (d) Walter Reckless theory of Crime and Preventive measures of Crime

Unit : 3 Terrorism :

- (a) Definition, Nature and Characteristics.
- (b) Origin and Development in India.
- (c) Types and Causes of Terrorism
- (d) Consequences and Preventive Measures.

Unit : 4 Violence against Women :

- (a) Definition and Nature
- (b) Characteristics of Violence.
- (c) Type, Causes and Consequences.
- (d) Legal Act for Prevention.

Reading List :

- Singh, A.K., Samaj Manovigyan ki Ruprekha, Patna, Motilal Banarsidas.
- Suleman, Md(2012). Manovigyan aur Samajik Samasyaye. Patna: Motilal Banarsidas.
- Prasad, Navratan(2009). Samajik Samasyaye, Patna, Motilal Banarsidas.
- Baron, R and Byrne(2010). Social Psychology: New Delhi: Pearson Education.
- K, Renu(2010). Apradhsashtra aur Samajik Samasyaye, New Delhi: Atlantic Publication.
- Pandey, G(2010). Samaj Manovigyan, New Delhi, Atlantic Publication.
- Bandura, A(1990). Aggression : A Social Learning Analysis.New Jersey, Prentice Hall
- Gelles & Cornell(2005). Intimate Violence in Families, Beverly Hills, Sage Publication.
- Marwah, Ved(2004). Pathology of Terrorism in India, Delhi
- Saxena, NS(2010). Terrorism: History And Facets in the World and India., New Delhi, Abhinav Publication.
- Ahuja, Ram (2010). Sociological Criminology, New Age International Publisher.
- Fitzgerald, Mike(2005). Crime And Society, New York Hammond worth.
- Becker, Howard (2004). Social Problem, : A Modern Approach, New York, John Wille

Semester-VIII

F.M-40

RC-3

Dissertation

The students shall be required to prepare a dissertation related to the topics selected by their own interest. They can use Psychological Assessment devices for their Dissertation.

Semester-VIII

F.M-40

RC-4

Research Report

1. General purpose of writing a Research Report
2. Structure or Format of a Research Report
3. Style of writing a Research Report
4. Typing the Research Report
5. Preparing a Research Proposal